Consultation Summary

(To complete during your appointment)

AskShareKnow

ASK...

1. **What are my options? (including wait watch)**

2. **What are the possible benefits and harms of those options?**

3. **How likely are each of those benefits and harms to happen to me?**

SHARE...

What did I tell the health professional?
(E.g. lifestyle; preferences; personal & family medical history)

KNOW...

What do I do now?
(At the end of the consultation make a note of what you have decided to do)